

# International Pole Artist Competition 2026

February 7, 2026 (sat.) - February 8, 2026 (sun.)

● Nihonbashi Public Hall

⚠️⚠️ Entry starts from August 1st to August 20th. ⚠️⚠️

## 《Category》

### ① Plain style (Elite / Amateur)

Barefoot only

### ② Heels Style (Elite / Amateur)

Strip shoes & Strip boots only

### ③ Kids (Elite / Amateur)

### ④ Doubles (All level)

\*Amateur participants in each category must not be instructors affiliated with a studio

### ⑤ Debut Comp

\*Open to those competing for the first time

### 《Dream Cup》 (All level)

Age, gender, and level are not restricted

Solo and doubles

Prize: ¥1,000,000-

## ◆Schedule◆

Entry & Video Submission Deadline

August 1, 2025, to August 20, 2025

Video submission deadline: August 20, 2025

## International(Foreign)

Conditions:

- Must use two poles(spinning&static)
- Videos must be unedited and shot from a fixed point
- Only the applicant should be visible in the video

-The video must be between 2 minutes 00 seconds and 3 minutes 00 seconds in length.-The footage must be clear and well-lit.

### **Qualifying Video Length**

- Minimum 2 minutes, maximum 3 minutes

### **Prohibited Actions**

- Topless/Nipple covers.
- Performances containing derogatory content toward any religion or race

### **Entry Fees**

Solo, Dream Cup, Doubles (per person)

60 USD - International(Foreign)

\* Entry fees are non-refundable for any reason

\* Any fees due to transaction charges or exchange rate differences are the responsibility of the applicant

### **Entry Requirements**

- Entry in multiple categories is allowed. However, participation in the final event will be limited to one category at the discretion of the association. If entering multiple categories, different routines are required
- The association reserves the right to add or remove specific categories if participants do not meet the minimum registration requirements. In such cases, the application fees will be refunded to each participant

### **Competition Categories**

#### ① **Dream Cup**

Age, gender, and level are not restricted

Solo and doubles

Prize: ¥1,000,000-

#### ② **Elite**

- No conditions

**[Plain]** Age: 18-39, 40-49, 50+

**[Heel]** Age: 18-39, 40-49, 50+

**[Kids]** Age: 6-12, 13-17

#### ③ **Amateur**

- Must not be an instructor at a studio

**[Plain]** Age: 18-39, 40-49, 50+

**[Heel]** Age: 18-39, 40-49, 50+

**[Kids]** Age: 6-12, 13-17

#### ④ **Doubles**

Age, gender, and level are not restricted

#### ⑤ **Debut Comp**

No level requirement

Must be 18 years old or older

Open to those competing for the first time (previous participation in showcases or recitals is allowed)

Must have been training in pole dance for less than 2 years as of the entry date (i.e., started on or after September 1, 2023)

※ Instructors are not eligible

Prohibited Tricks: Aerial Deadlift, Aerial Backflip, Fonji, Phoenix, Candle Position, Marchenko, Octopus

### **Category Conditions**

- Although nationality and gender are unrestricted, there are age divisions for each category.

\* Please register according to your age on the day of the event

- The age of participants in each category will be determined based on their age on the day of the final event

- Minors require parental consent

- Participants must not have any involvement with antisocial forces and must have no criminal record

- Performances must be original (choreography commissioned from others is acceptable) and must not infringe upon the copyrights or intellectual property rights of others

### **Final Performance Fee**

**¥10,000- (JPY)**

### **Final Performance Time**

- Elite/Doubles/DREAM CUP: Minimum 3 minutes 30 seconds, maximum 4 minutes

- Amateur: Minimum 3 minutes, maximum 3 minutes 30 seconds

- Kids/50+: Minimum 3 minutes, maximum 3 minutes 30 seconds

-Debut Comp: Minimum 2 minutes 30 seconds,maximum 3 minutes

### **Rules for the Finals**

Must use both static and spinning poles

Looking at the stage from the audience, the right side is spinning.

Looking at the stage from the audience, the left side is static.

Poles: X-pole: Pole height: 3800mm

Pole Thickness 45mm

Pole Material Stainless

Stage Ground Material Linolium

Stage Depth: Distance between poles 3000mm

Pole to front of stage: 2500mm

Pole to stage wing: 2500mm

Pole to back of stage: 2200mm

### **Prohibited Actions**

1. Use of fire or gas in performances is prohibited

\* For liquids, participants must take precautions to ensure that the floor and poles remain clean, such as laying down sheets. Any preparations, cleaning, or tidying up before or after performances that take longer than 40 seconds must be discussed with the event organizers and should be completed within 40 seconds

2. Bringing performers or assistants onto the stage without prior approval

\* Please always apply to the event organizers

3. Regarding human props, there is no limit on the number of people, but climbing onto the pole is not allowed

4. The use of Itac, Pine tar spray, and gorilla grip aids is prohibited

5. Topless/nipple covers (Thongs and G-strings are permitted)

6. Performances containing derogatory content toward any religion or race

